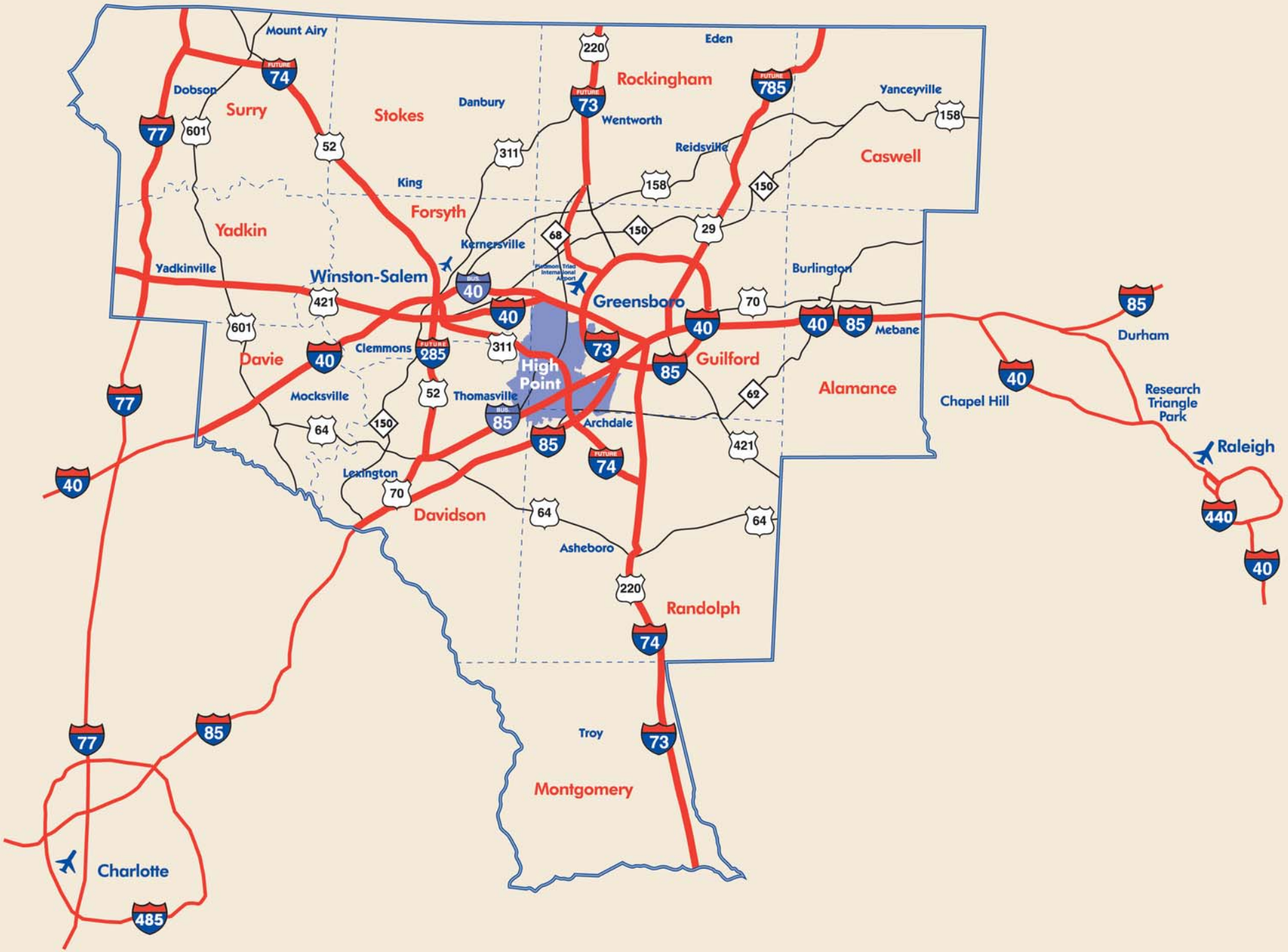North Carolina's Piedmont Triad