



FOR IMMEDIATE RELEASE

Contact: Maxine Days (336) 883-3646

HIGH POINT PUBLIC LIBRARY HOSTS UNDERSTANDING ALZHEIMER'S AND DEMENTIA

HIGH POINT, N.C. (Jan. 8, 2020) - The High Point Public Library will host Understanding Alzheimer's and Dementia, a workshop presented by Alzheimer's Association, on Wednesday, March 18, at 1 p.m. This event will be held on the first floor of the High Point Public Library in the Morgan Community Room located at 901 North Main Street, High Point, NC. This workshop is free and open to the public

Understanding Alzheimer's and Dementia explains how Alzheimer's is not normal aging; it is a disease of the brain that causes problems with memory, thinking and behavior. Attendees will learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, the stages of this disease and the risk factors.

For more information, contact Maxine Days at 336.883.3646 / maxine.days@highpointnc.gov. You may also visit alz.org/CRF to explore additional educational programs in your area.

The High Point Public Library is a department of the City of High Point and is located at 901 North Main Street. High Point Public Library is committed to nurturing the joy of reading, sharing the power of knowledge, strengthening the sense of community and enhancing economic and cultural vitality.

The City of High Point aims to serve as the catalyst for bringing together the community's human, economic and civic resources for the purpose of creating the single most livable, safe and prosperous community in America. For more information on the City, visit www.highpointnc.gov.

###