



FOR IMMEDIATE RELEASE

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HIGH POINT PUBLIC LIBRARY TO HOST OLDER ADULT RELATIONSHIP PROGRAM

High Point, N.C. (Jan. 3, 2020) - The High Point Public Library will host the Healthy Relationships in Older Adulthood program on Friday, Feb. 14, at 9:30 – 11 a.m. on the 1st floor in the Morgan Community Room at 901 North Main St., High Point, NC.

This interactive program is sponsored by The YMCA, Piedmont Triad Regional Council and Area Agency on Aging and Healthy Relationships Initiative, and it focuses on strengthening and fostering healthy relationships in older adults

Older adults will have the opportunity to celebrate Valentine's Day by meeting and mingling with other seniors while learning about healthy relationships. The program is free, with light refreshments and resources provided. For more information about the Healthy Relationships in Older Adulthood program, contact Maxine Days at 336.883.3646.

The High Point Public Library is committed to nurturing the joy of reading, sharing the power of knowledge, strengthening the sense of community and enhancing cultural and economic vitality. The library, a department of the City of High Point, is located at 901 N. Main Street.

The City of High Point aims to serve as the catalyst for bringing together the community's human, economic and civic resources for the purpose of creating the single most livable, safe and prosperous community in America. For more information on the City, visit www.highpointnc.gov.

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